

Vaccination, Is It Really Safe And Effective?

If you were to tell someone you did not vaccinate your children, they would be astounded and perhaps even judge you as "bad parent", uneducated, and possibly "lower class". When in fact, you could be giving your child a healthy start to life by doing just that, not vaccinating.

We've been hearing since we were little kids about the necessity of vaccinating. Health officials term them "safe and effective", but are they really? That is what we will be exploring in the next few pages.

My personal belief is that vaccinations are dangerous and do more harm than good. Medical officials are aware of this as well, but do not publish information about the negative side. When they do, it is not widely available for us to read about, or it is not explained to us when we are with our doctor. At your health practitioner's office you only hear that they must be given to your child and that they are "safe and effective". What parents are generally not told is that vaccines hold a tremendous amount of risk from short term side effects to long term debilitating diseases and disorders.

Advocates for vaccinations make all kinds of claims about the efficiency for eliminating infectious diseases, however, if you were to look at actual records and numbers compiled from official Government figures you would find hypocrisy. Looking from a statistical point of view, what we are being told - that cases/deaths declined since the introduction of vaccines are not fully true because they already were declining. In fact, they have dropped off by more than 90% this century by the time the vaccines were introduced. This is clearly shown in graphs plotted from data from Commonwealth yearbooks, the Australian Bureau of Statistics and the Commonwealth Department of Health and Human Services (See Appendix 1). Granted, some vaccines may have accelerated the decline in the number of reported cases, however, we cannot guarantee this is solely due to vaccination. The graphs did not take into account improvement in sanitation and personal hygiene, nursing care and nutritional status in certain countries involved. Another factor is that doctors are not legally obliged to report any cases at all. So, how do we know if all cases have been reported?

What Vaccines Do To Our Bodies

Vaccines are meant to fool the body's defense mechanism into thinking it is under attack. That way it will produce antibodies to fight off the virus, if the body encounters it in the future. However, this can prove disastrous. Basically, it confuses our body's healing mechanism and its natural process of immunity is damaged. The body's responsive behavior is inappropriate and exaggerated, and can be mild to lethal.

Research reveals that the actual effect of vaccines is called sensitization. The word "sensitization" is even specifically used in medical journals. It means that the recipient is made more, not less, sensitive and vulnerable to contracting the infection. As a result, the vaccines can even cause more harmful versions of the disease.

It is important to know that it is the vaccinated that cause outbreaks, not the unvaccinated. In fact, many unvaccinated remain unaffected. Also, it is the unvaccinated who will only contract a virus once where as the vaccinated can catch it several times over. So rather than causing immunity to develop, the vaccine can prevent immunity from developing even after it is contracted naturally.

Just as we need to exercise in order to develop a strong and healthy body, the immune system needs exercise by dealing with viruses so that it will be able to function to its full potential.

Vaccine Ingredients

Have you ever asked your GP what is in vaccines? Here is a list:

.01-.025% each of formaldehyde, mercury (or substitute #6-pheno-oxyethanol, a protoplasmic poison), aluminium, paint thinner, coolant, anti-freeze, dye, detergent phenols, solvent, borax, disinfectant, MSG, glycerol, sulfite & phosphate compounds, polysorbate 80/20, sorbitol, polyribosylribitol, betapropiolactone, Amphotericin B and other chemicals, plus hydrolyzed gelatin, casein, dead animal tissue and blood (e.g. cow, chick embryo, monkey, sheep, pig, dog, etc.), aborted human fetus cells, mutated (more virulent) human viruses, contaminant animal viruses (e.g. SV40, which causes cancer in humans), bacteria, bacterial endotoxins, antibiotics, yeast & animal, bacterial and viral DNA (which when injected can be incorporated into the recipient DNA).

These ingredients are considered safe?! Formaldehyde? Mercury?

You reasonably conclude that perhaps it is not enormously healthy for your child to be injected with this big mixture of poisons, and it just might cause some damage to the immune system. I certainly wouldn't want them in my child.

A Look at Some Vaccines

Lets take a look at a few vaccinations that are meant to strengthen our immune system from childhood illness.

MMR Vaccine:

The MMR vaccine is the controversial vaccine for measles, mumps and rubella. It has been said that the MMR vaccine should never have been licensed, that there is insufficient evidence of its safety, and the decision to license it was "premature". Sarah-Kate, *Herald Sun*, Dec 10, 2000. The MMR vaccine has been publicly attacked by some 200 Swiss doctors who express concern about the safety and effectiveness of this vaccine voicing their fears of the short and long-term consequences. They state doctors and parents are living in a "fools paradise as to the allegedly rare risks associated with vaccination." Dr Isaac Golden, 1998, pg82, *Vaccination? A review of risks and alternatives.*" In the Childhood Immunization Handbook: A Review in Lit, 26, it clearly states GP and health practitioners have not always viewed measles and whooping cough worth preventing, that the disease was not serious enough and that the vaccine did not give adequate protection. If it is not an adequate prevention and has a tremendous amount of risks, why bother? We cannot have this indecision about our children's health!

And we are not talking about just a few cases here; there are a tremendous amount, so many that the Japanese health authorities discontinued the use of the MMR vaccine because it was seen to be causing meningitis in recipients.

An outbreak of measles in the US was examined and it was found that the MMR vaccine was not only ineffective, it also increased the severity of the disease. Parents are still told this vaccine is safe and effective.

Diphtheria Vaccine:

It is clear from data, that diphtheria was well on its way out before the vaccine was issued, and it is highly unlikely that an Australian child will ever be exposed to a carrier, yet we still continue to administer the vaccine.

Tetanus vaccine:

Tetanus vaccination is considered to be essential by some parents, who may even question the use of other vaccines, but unfortunately there is proof, yet again, that this may not be a good idea.

Some time ago, it was recognized that the tetanus vaccine was unsafe due to high levels of aluminum phosphate. Since then, it has been diluted over the years, making it progressively weaker in order to reduce the reactions it caused. This vaccine is now clinically ineffective. One pharmacist agrees, and says it's improved hygiene and sanitation that is preventing tetanus. Infection rates in the US are declining markedly even while many children were not vaccinated, as government statistic show.

Our bodies are capable of dealing with wounds. My mother for instance, cut her finger, twice, in the same spot, on a blade while cleaning her blender. Her finger swelled and became hard. A couple of days later she found a gland to be swollen and uncomfortable, but her finger better. This was her body cleansing itself of the foreign invader. As stated before, when our bodies are not confused by and stressed out by vaccinations, it can deal with the evader itself.

Pertussis (Whooping Cough):

Whooping cough has been on the rise in the US since 1978. 1996 was the highest recorded level since 1967 (CDC MMRW Oct 3 '97). What happened in 1978? Interestingly enough, the US mandated whooping cough vaccination for school entry.

The whooping cough vaccine is following the trend of other vaccines we have been looking at, in that it was leveling off before the introduction of the vaccine. Also, the whooping cough rate is far higher now than before the introduction. Cr. Sehrengut of West Germany states "the milder course of the disease owes nothing whatsoever to the Pertussis vaccine." Not only that, children who received Pertussis vaccinations were 5.43 times more likely to develop asthma in later years, over twice likely to have an ear infection and much more likely to spend longer periods in hospital than those who don't get vaccinated.

There is enough proof right there for a parent to decide against vaccinating, but if more proof is desired, there was a postal survey done of 765 randomly selected Victoria health professionals involved in childhood vaccinations and all were found "to have doubts about the safety of the Pertussis vaccine." 34% believed that it causes brain damage. ... 39% believed it causes encephalopath ... and up to 54% would give DPT (a mixed vaccine) when it is clearly contra-indicated." *Dr Isaac Golden, Vaccination? A review of risks and alternatives.*"

The Pertussis or whooping cough vaccine has been cited as the cause of a great deal of suffering and death since 1933. Despite the more than 60 years of controversy since that time, this vaccine continues to be used.

SIDS and Vaccines

Another horrifying link to vaccinations is Sudden Infant Death Syndrome.

We have had a steady rise in the incidence of SIDS, closely following the growth in childhood vaccination. We have medical journal evidence going back at least 60 years and thousands of parental reports linking the administration of vaccines with infant deaths, yet the government and medical community has constantly denied any connection between the two.

This denial is complete nonsense as proved by many on a mass scale. However, it continues to be suppressed. John Hanchette and Sunny Kaplan wrote an article in The Gold Coast Bulletin on September 22, 1998 showing:

☞ Of 253 Infant death cases awarded more than \$US61 compensation, 224 or 86% were attributed to vaccination with DTP vaccine. In these cases, death was originally attributed to SIDS in 90 or 40% of them.

☞ Of 771 total claims filed by American parents from 1990 through to mid 1998, 660 or 86% contained assertions that DTP was the cause of death, and 43% were classified by medical authorities at the time of death as SIDS cases.

☞ A second federal database contains 460 reports of children who died within 3 days of receiving DPT shots. This database listed SIDS as a 'reaction'.

☞ Studies by the National Institute of Health, the American organization charged with testing vaccines before they are approved for use, showed that 66% of all SIDS deaths occur within 24 hours of DPT vaccination.

In Japan, they stopped administering DPT to children under two years of age due to an observed link in cot death. Japan then zoomed from a having a high infant mortality rate, to one of the lowest. vaccination.inoz.com/autism.html

In a scientific paper prepared for the Association for Prevention of Cot Death, Dr Viera Scheibner analyzed the findings of computer printouts from babies monitored by COTWATCH (a true breathing monitor, as opposed to a motion monitor) before and after DTP vaccination was administered. The data collected clearly shows that vaccination caused a dramatic increase in episodes where the breathing either stopped altogether or nearly stopped. Even more disturbing is the fact that this dangerous breathing pattern continues periodically for months following vaccination.

Dr Scheibner's clear conclusions further support the concerns of many researchers in this area. He states: "The effect of vaccinating babies has never been systematically studied, recorded or analyzed. Vaccination is the single most prevalent and most preventable cause of infant deaths. In the face of mounting evidence about the ineffectiveness of vaccination in preventing infectious disease and the great number of serious short and long term adverse effects of vaccines, the call for suspension of vaccination is now inevitable". vaccination.inoz.com/autism.html

Doctors from all countries are coming to this same conclusion, yet nothing is being done about. We need to follow the lead of Japan, but why don't we? Do the pharmaceutical companies not want to admit they are responsible for a tremendous amount of deaths of innocent newborn babies?

Autism

There has been a fair amount of publicity lately, regarding the relation of vaccines to autism. What is most published is that UK researcher Dr Andrew Wakefield and his group of researchers studied children who developed Crohn's disease and autism and linked them to the MMR Vaccine that they had been administered.

After their study, a further 48 children were examined. All of the children had behavioral problems, which had begun after MMR vaccination, and it turned out that 46 of the 48 also had Crohn's disease.

This connection is still dismissed by doctors and various governments. The press, however, has published hundreds of articles of tragic stories and chronicled various studies that strongly suggest autism has increased enormously since the introduction of MMR.

There is not only a documented link of autism to the MMR vaccine, but also to the other vaccines, such as the DPT, polio, and Hepatitis A and B.

It is important to understand that **ANY** of the vaccines, weather given singly or combined, can disturb the balance in the body and cause autism. In fact it is very rare for autism to develop after an immunological assault that was **NOT** vaccination, and it **DOES NOT** develop in unvaccinated children. Despite this, once again, medical authorities in other countries, such as Australia, the UK and the US, continue to ignore the research in published medical journals (perhaps they don't even read it.)

Disease Risk Vs Vaccine Risk

After learning about all the negative effects of vaccines, a question that is likely to arise is, does the risk of the vaccine out weigh the risk of the disease?

The reason for the assumption vaccines prevent disease, is merely effective marketing from the pharmaceutical industry. Vaccinated children means big bucks to them.

We have learned of all the harm they have caused many families, so it is safe to conclude that the risk of the vaccines far outweighs the risk of "naturally" contacting the disease? Our bodies will be better equipped at dealing with the virus if the toxic ingredients of vaccines haven't tampered it with.

"Children younger than 14 are 3 x more likely to die or suffer adverse reactions after receiving Hib vaccines than to actually catch the disease." *Jane M. Orient, M.D*
Executive Director AAPS.

The same can be said for the Pertussis vaccine, where the death risk from the vaccine far outweighs the disease. As Alan Philips puts it, "the vaccine may be 100 x more deadly than the disease".

Dr Robert Mendelsohn, a US Professor of Pediatrics, once wrote: "While the myriad short-term hazard of most immunizations are known (but rarely explained), no one knows the long-term consequences of injecting foreign proteins in to the body of your child. Even more shocking is the fact that no one is making any structured effort to find out." *Wellbeing magazine issue 85*

The Association of American Physicians and Surgeons states: "... the whole panoply of childhood diseases are a far less serious threat than having a large fraction (say 10%) of a generation afflicted with learning disabilities and/or uncontrollable aggressive behavior because of an impassioned crusade for universal vaccination."

Conclusion

I have become quite passionate about the facts I have come across over the past 5 years regarding the dangers of vaccines, and in my opinion vaccines are not safe or effective.

Any substance that can cause anything from allergies and asthma to brain damage, seizures, or death cannot be classified as safe.

Those who say they are, are not educated in both sides of the story, or they are out and out lying. It is up to us, as parents, to question and find out facts for ourselves, regarding the health of our children, and not leave it in the hands of our medical practitioners.

We have to stop messing with nature. We can enhance our immune system by living a healthy life, not by ingesting and injecting toxic chemicals into our bodies.

Our bodies benefit from non-threatening childhood diseases like measles and chicken pox. They actually increase our immunity to other illnesses, possibly more severe ones later in life, such as cancer.

When the immune system fails, it is not because it is incapable of dealing with and overcoming a virus, it is because we have denied it the resources it needs, and messed up its natural way of functioning. All it needs is nutritional adequacy, particularly vitamin C, clean drinking water, energy through rest, and proper hygiene and sanitation.

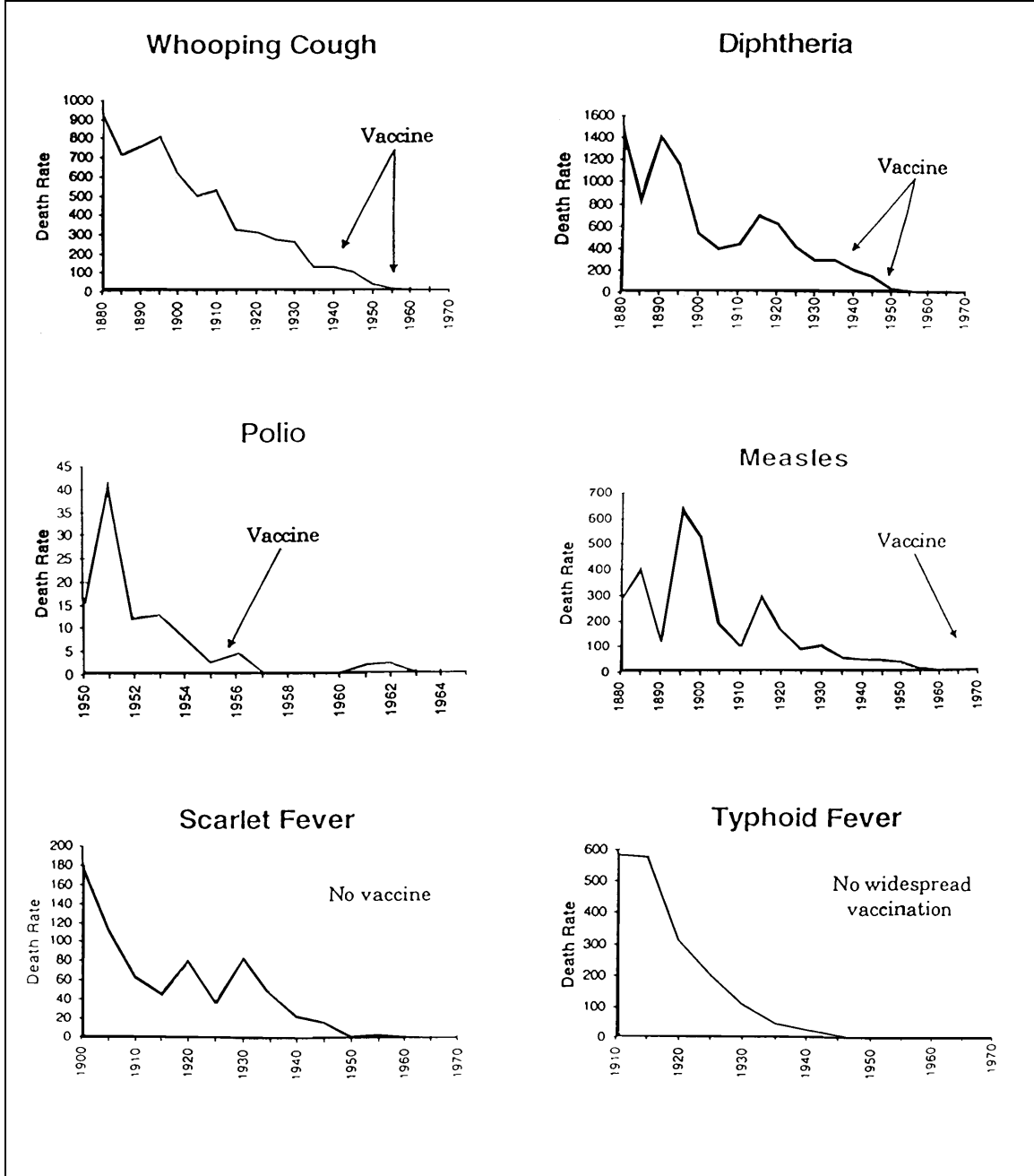
For those who decide on routine vaccination for your children then it is necessary boost your child's immune system with a healthy lifestyle and, in particular, Vitamin C before and after each vaccination.

For those who decide against vaccinating, you should know you're not alone and that thousand of parents have reached the same conclusion after searching the truth. There are plenty of safe and natural alternatives, which can help protect your children, should they ever come in contact with any foreign virus.

Give your child the greatest gift in life, the gift of health and healing through nature.

APPENDIX 1

Graphs showing declining deaths from selected diseases. Arrows indicate where universal routine vaccination programs began. (Note: Death rates are per million population) Source: *Vaccination – a Parent's Dilemma* by Greg Beattie (1996)



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